

# Towerview care BELLE VUE COURT

Belle Vue Court is a safe, friendly and welcoming complex care nursing home in Nottingham. We provide high-quality nursing care for those living with mental health issues, complex behaviours triggered by stress or distress, and dementia needs.

## At the heart of our community

Belle Vue Court is a purpose-built, four-storey home close to the centre of Nottingham with easy access to the city and the East Midlands and good public transport links. We joined the Towerview Care Group in the Spring of 2021 and after undergoing extensive refurbishment to bring us up to the Towerview Care standard of Care we in February 2022.

## Modern facilities

Belle Vue Court has first-class facilities to help support our ladies and gentlemen in a welcoming and friendly home with comfortable communal areas and spacious, fully furnished bedrooms. Spread over four floors, with lift access for those with impaired mobility. Each level has accessibility with spaces for quiet reflection, activities and events.

Our 51 bedrooms all have en-suite wet rooms that can be adapted with equipment to meet a person's individual needs. Each floor has an accessible, fully equipped assisted bathroom.

The home has a lovely private garden with several seating areas and direct French door access, which caters to varying levels of physical and cognitive ability.

Belle Vue Court is large, with a spacious and bright feel. It has been explicitly designed to have a homely feel with quiet spaces. This gives our ladies and gentlemen that like to socialise a place to spend time together, making friends and entertaining, but when quiet reflection is the order of the day, there are lots of places to sit quietly reading, knitting, watching the wildlife or just catching up with a dear friend with a cuppa.

We provide person-centred holistic care, treating everyone with dignity, respect, and compassion. Our ladies and gentlemen are encouraged to maintain their independence and pursue active, meaningful lives amongst friends. Before anyone joins us, we put together detailed, bespoke care support plans with the input of our ladies and gentlemen, or if needed, with family's and professionals' involvement.



## Bespoke services

We are proud to provide a wide range of tailored services, including nursing, occupational therapy, psychology support, speech and language therapy, behavioural specialist therapy, on-site laundry, daily stimulating and meaningful activities and events, end of life care, and community services such as chiropody, psychiatry, GP services and complimentary therapies\*.

## Philosophy of care

Belle Vue Court is run by highly qualified multidisciplinary care professionals who provide holistic care to people living with mental health conditions, complex behaviours that may be triggered by stress or distress, dementia, physical and/or emotional care needs.

We believe in focusing on what individuals can do instead of what they can't and celebrating life to the fullest. This philosophy makes Belle Vue Court a flourishing, welcoming and happy community.

## Our mission and values

Our mission is to consistently deliver top-quality, person-centred, holistic care for working age and older adults with mental health issues and complex needs that may require specialist input.

\*Some community services are chargeable



## Our pledge to those we care for:

- To respect and treat you as an individual with dignity, kindness, compassion, and empathy.
- To include you and your loved ones in all decision-making about your care.
- To listen and act upon your requests.
- To meet your cultural, emotional, and spiritual needs.
- To provide you with stimulating and meaningful activities.
- To promote and maintain your independ

For more information about our home, please check our website or call our manager or matron to book a visit.



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